

StLouis
TRAVEL

9.17.20

This newsletter is presented by
Pulitzer Arts Foundation



When I was young, my *daagya* was always an adventure traveler. She wanted to go everywhere with me, which is how she ended up spending a summer in Mumbai while I was conducting research as a professor. My son would sometimes venture out, but he often stays at home, he would stay with his dad. So after my *daagya* graduated from college, it was no surprise that she moved to Madrid and later Beijing. But I was shocked when my son took his first solo trip to Africa – and recently surprised me again by saying he's thinking about visiting the Pacific Coast Trail. Because I love researching travel, saying I've gone down a rabbit hole reading about this hiking adventure would be an understatement. Last weekend, he and I hired Continental State Park, then spent the day visiting Red and Alpine Shire to look at gear. My frustration with this new (to me) way of moving through the world inspired this week's guide to some incredible trail-hiking destinations in the Midwest and beyond. We're also sharing a preview of this year's Oktoberfest in Hermann. (Helpful hint: Get your Amtrak tickets now for an easy weekend away.) Safe travels!



Travel News You Can Use

Green Scene

The Drake Oak Brook, Autograph Collection is the only hotel in North America to have received four environmental recognitions at one time. The English-style estate sits on 200 acres with more than 50 species of trees. The hotel has been recognized as a bird and butterfly sanctuary, a wildlife habitat, and a reforested ecosystem, and it's earned accreditation with the ArborNet Arboretum Accreditation Program. Book a stay [here](#).

Coastal + Cory

CDN recently named Duluth, Minnesota, as *one of the most underrated destinations*. Located on the shores of Lake Superior, Duluth makes for a great fall destination, with *peak foliage* beginning in late September and plenty of *Nordic-inspired activities*.

Whiskey Me Away

The **Peabody Memphis** has a special offer for whiskey connoisseurs. Book the exclusive **Tennessee Whiskey Trail Experience**, and your reservation comes with a Jack Daniel's flight, a Peabody Tennessee Whiskey Trail summit, parking, and internet access.



Installation view of Olga de Amaral: Weaving the looms

Olga de Amaral: Weaving the Infinite

The Pulitzer Arts Foundation presents *Olga de Amaral: Weaving the Infinite*, a new exhibition by renowned Colombian fiber artist Olga de Amaral, on view now through January 31, 2027.

[Learn More >](#)

This year's month-long festival is even bigger than in the past.

Festivities: Hermann's Oktoberfest packs so much fun in October weekends. Expect live music, German food, lederhosen and dirndl competitions, and plenty of beer. Don't miss the traditional Tapping of the Keg on October 2 at Tin Mill Brewery or the German Polka Mass on October 11.

Food & Drink: At Tin Mill Restaurant, German specialties, including house-made heats from Hermann Warst Haus, as well as Nood sausage and liverwurst from Swiss Meat & Sausage Co. Pair it with a craft beer, brewed according to the German Purity Law of 1525, along with some soft pretzels and German chocolate cake.

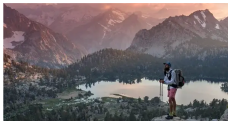
Getting Around: Leave your car at home, and take the train. Amtrak has two daily trains from St. Louis and Hermann. Once there, explore by historic trolley, connecting downtown with five area wineries. If you're feeling adventurous, you can arrive by bike along the scenic Katy Trail.

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BRANDED CONTENT

This Tennessee city has one of the most unexpected food scenes

You may not expect to find authentic international cuisine in this small Southern town. But Clarksville's military community has welcomed cultures from around the world, creating one of Tennessee's most diverse dining and cultural scenes. [Explore Clarksville](#)



From Missouri's Ozark Trail to routes tracing Lake Superior and the Great Lakes, these trails offer memorable thru-hikes and shorter backpacking adventures.

Ozark Trail: This 230-mile trail runs from Ozarkas Cave State Park to the Arkansas border through rugged mountains, forests, rocky glades, and spring-fed streams. Hike section over a weekend, or tackle a longer stretch.

Ice Age Trail: Wisconsin's 1,000-mile Ice Age Trail follows the path of the last continental glacier through forests, prairies, wetlands, and small towns. Its gentle elevation profile and frequent road access make it a more approachable option for first-time long-distance hikers.

Superior Hiking Trail: Minnesota's 300-mile Superior Hiking Trail follows Lake Superior from Duluth toward the Canadian border, with rocky ridges, waterfalls, forests and shoreline views. It's a rugged hike with frequent climbs, but nearby towns provide easy opportunities to resupply along the way.

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Experience Route 66 in Maplewood
Make Maplewood your destination September 20-21 for classic cars, vintage shopping, live music, local food, and family-friendly fun celebrating 100 years of Route 66. [Plan your visit.](#)



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The Saint Louis Art Fair presented by Emerson returns this September. The Saint Louis Art Fair presented by Emerson is back and better than ever! Visit downtown Clayton this September for a weekend full of art, music, food, and fun. [Be there!](#)

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